



CARES

CENTER FOR ADDICTION RECOVERY, EDUCATION AND SUCCESS

PIK PREVENTION IS KEY
SPECIAL PROJECT



Someone at CARES, **cares about you!**

Each item in this box has been hand crafted and handpicked by those that have a heart to inspire and strengthen your journey of Recovery. We believe that all of us are in Recovery from something and we hope these items motivate and empower you to live a life of healing and purpose.

The theme for this package of hope is **Trust**. The items chosen for you are:

- A personalized note from a person in Recovery that was excited to let you know that you are never alone on this journey.
- A handcrafted “Spirituali Tea” mug with 3 tea packets to help armor you for any daily stressors that may come your way and a motivational coaster to place your mug on.
- A handmade bar of soap made with all natural ingredients and essential oils to help you feel rejuvenated and refreshed.
- Handcrafted socks with a motivational quote on the bottom “Trust the Process” to remind you that the journey is just as important as the destination.
- An inspirational picture with a hand written message on the back to help return your focus on the beauty of life.
- A Trust Healing Bracelet made with Amethyst healing stones and Lava Healing Beads. This bracelet restores the wearers trust to tap into the universal powers for guidance and protection.
- A handmade candle made with love in honor of Kyle Zdep by his mother. Light this candle to keep the light inside you alive.
- A handmade beaded key chain with the message “Imagine” attached to inspire you to picture and trust in your journey.
- Some hygiene products you may need.

The outside of the box was handcrafted and designed. It can be used as a “Trust” box. You can write any and all moments of self-doubt on pieces of paper. Put each piece of paper in the box. This act allows you to acknowledge and release your doubts in order to fully embrace your journey.

Have Trust in yourself!



PIK
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INCORPORATED
Every Person, Every Day