

May 2023 Newsletter

Narcan Training



On April 24th, in partnership with the Jefferson Township Municipal Alliance, a successful Narcan Training was held at the Jefferson Township Public Health Center! The Narcan Training was presented by **Caroline Bailey** from the Center for Addiction Recovery Education & Success (CARES), a project of Prevention is Key. Narcan is a life-saving medication that can reverse an overdose from opioids—including heroin, fentanyl, and prescription opioid medications—when given in time. Narcan is easy to use and small to carry, (CDC, 2023).

May Observances

Click the Images Below for more information.



Upcoming Webinar Opportunity



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PREVENTION IS KEY
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Every Person, Every Day



Enhancing the Mental Wellness of Young People

Tips for managing stressors, building resilience and optimizing mental health

WEDNESDAY MAY 17TH • 10:00 AM

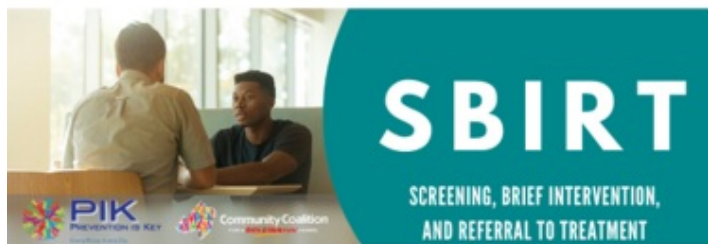
VIRTUAL

During this presentation, Dr. Lumbard, Licensed Clinical Psychologist, will provide insights on attending to the mental health of young people, offering guidance on interventions to enhance mental wellness, manage stressors, build resilience and optimize performance across the various components of their lives. The presentation will be of benefit to Student Assistance Counselors, mental health professionals, parents, students and anybody invested in supporting the mental health of young people.

Please click the Register Button below or use the QR to register.

FOR MORE INFORMATION CONTACT:
Kelsey O'Connor at KOCONNOR@MCPIK.ORG

[REGISTER](#)



Next JTYC/JTMAC Meeting:
May 22nd at 6:30pm via ZOOM

[May's ZOOM Meeting Link](#)

[Click Here to Visit Webpage](#)

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Please don't hesitate to reach out with any questions!

Thank you,

Carly Sinnott & Ashley LaPaglia
csinnott@mcpik.org & alapaglia@mcpik.org



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Jefferson Township Youth Coalition is a project of Prevention is Key, Inc.

Prevention is Key Inc. | 25 W. Main St., Suite A, Rockaway, NJ 08766

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